



Together, we can put **wellbeing first** for healthcare.

America's healthcare workers are experiencing a mental health crisis—with higher levels of poor mental health, burnout, intent to change jobs, and harassment compared to all other workforces.
To care for others, healthcare workers must also be cared for.

The Dr. Lorna Breen Heroes' Foundation is dedicated to addressing the operational practices driving health worker burnout while changing how we support health workers' mental health.

We believe every health worker should have access to mental health care and the professional wellbeing support that they may need, at every stage of their career.

Our Healthcare Workforce Deserves Comprehensive Solutions

As the leading U.S. non-profit exclusively focused on health worker wellbeing and mental health, we accelerate solutions, advocate for policies, and advance cross-sector collaboration to make a lasting impact on our healthcare workforce's wellbeing and mental health.



Accelerating evidence-based solutions to create better workplace environments for our healthcare workforce through leadership development, operational improvement, and culture transformation.



Addressing systemic and institutional barriers preventing health workers from accessing mental health care and ensuring confidentiality of diagnoses and treatments through education, training, and technical assistance.



Advocating for federal and state policies to advance implementation of evidence-informed strategies that improve how our healthcare system operates and its impact on health workers' professional wellbeing and mental health.



Join us to transform healthcare and save lives.

[**drlornabreen.org**](https://drlornabreen.org)



Our solutions put wellbeing first for healthcare.



Guiding Leadership to Improve Health Workers' Professional Wellbeing



Through our [Caring for Caregivers program](#) and the [Impact Wellbeing campaign](#), we have equipped **35,000+ healthcare leaders** to improve workplace policies and practices that reduce burnout, normalize help-seeking, and strengthen professional wellbeing.

Additionally, we are working with **37 health systems** to accelerate quality improvement projects that address the top driver of burnout – administrative burden. Together, we're implementing and evaluating projects to improve health workers' experience and wellbeing while improving patient experience, improving population health, and reducing costs.

Supporting Health Workers' Access to Mental Health Care

Through our [Wellbeing First Champion Challenge program](#), we have **guaranteed equal privacy in mental health care for 1.25 million licensed and 200,000 credentialed health workers** by removing intrusive mental health questions and stigmatizing language from licensing and credentialing applications across **43 licensure boards and 521 hospitals**.

Together, we are now taking [six actions](#) to improve access to mental health care for health workers – addressing unique stressors, eliminating stigma, and creating a system that supports professional wellbeing and safe, quality patient care.



Advancing Federal and State Policy for our Healthcare Workforce



With leadership from Congressional champions and collaboration with 150+ organizations, we helped develop and pass the bipartisan [Dr. Lorna Breen Health Care Provider Protection Act](#). The law [supported](#) **250,000+ health workers from 45 evidence-informed initiatives** at hospitals, health systems, health professions schools, and community organizations around the country.

Also, we helped advance state laws that reduce burnout and support mental health. In Utah, the governor signed into law "Scott's Bill" to ensure health workers can seek care outside of their places of employment. While in New Jersey, a new law ensured transparency in prior authorization of health care services.